



#152 - 2693 Broadmoor Blvd.
Sherwood Park, AB T8H 0G1

☎ 780.416.2926

📞 780.906.2936

✉ catering@cenacatering.com

Hot Lunch or Dinner Options

Minimum of 8 people

Price ranges from \$17.95 to \$19.95 per person

Up charge to dinner portions for \$3.00 extra per person

Chicken Marsala

A classic, delicious dish with tender chicken breasts that are braised with Cena's blend of herbs and spices and then covered with our outstanding sliced mushroom Marsala & Sherry sauce.

Served with your choice of Lemon Herb Rice or Roasted Potatoes & choice of Salad (\$18.95)

Vegetarian Alternative: Marsala Sauce w/ Plant Based Meatballs. Paired with same salad & starch

Tailgate BBQ Chicken

Fresh chicken (skin-on and bone-in) is topped with our own BBQ sauce & slow roasted in the oven.

Served with your choice of Roasted, Mashed or Scallop Potatoes. Your choice of salad. (\$18.95)

Vegetarian Alternative: Seven grain chick'n tender- Paired with same salad & starch.

Santa Fe Chicken (GF)

A dish that represents New Mexico's "soul food" at its best by combining tender chicken breasts with corn, black beans, Southwestern spices on your choice of Cumin Inspired Rice or Cajun Potato Wedges, along with a wonderful Mexican Salad that has some kick! (\$18.95)

Vegetarian Alternative: Mexican Quinoa – Paired with same salad

Meatballs with a Sweet & Sour Pineapple Sauce (DF)

Two bite meatballs are slowly cooked in a sweet & sour pineapple sauce.

Served on the side is Jasmine Rice & your choice Salad (\$17.95)

Vegetarian Alternative: Plant based meatballs- Paired with same salad & starch

Mediterranean Chicken (GF)

Tender chicken breasts are marinated in traditional Greek seasonings, full of garlic and essence & then served with a choice of flavored rice or Greek Potatoes (\$1.00 extra), along with a fresh loaded

Greek Salad. (\$19.25)

Vegetarian Alternative: Greek Vegetable Bake- Paired with same salad

Creamy Mac N Cheese with Italian Salad & Garlic Knots (VEGETARIAN)

Ultra-creamy mac & cheese with a subtle kick, served alongside a crisp, zesty Italian- style salad and warm, chewy sourdough-style garlic knots brushed with rich garlic butter. (\$18.50)



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Grilled Chicken with Mango Salsa (GF/DF)

Tender, perfectly grilled chicken breast seasoned to enhance its natural flavor, then finished with a vibrant, freshly made mango salsa. Served with your choice of fragrant jasmine rice or coconut rice, alongside a crisp mandarin orange salad topped with cinnamon-spiced almonds

(\$18.95- regular rice & \$19.95 for coconut rice)

Vegetarian Alternative: Lemongrass Chick'n Tenders w/ Mango Salsa- Paired with same salad & starch

Chicken Parmesan with Penne

Chicken breasts are lightly coated & seared in a seasoned panko breadcrumb mixture, on a bed of our homemade vegetable Marinara Sauce tossed with penne & topped with Cheese.

Served with your choice of salad. (\$18.95)

Vegetarian Alternative: Vegetable Marinara- Paired with same salad

Beef Stroganoff (Halal)

Rich stroganoff made with extra lean ground beef, and flavored with a white Chablis wine, sour cream and mushrooms. Served on top of pasta with your choice of Salad. (\$17.95)

Vegetarian Alternative: Stroganoff sauce w/ Veggie Ground Round- Paired with same salad

Taco Tuesday! (available any day)

Hard & Soft Shells, Taco Beef, Shredded lettuce, sour cream, salsa, cheddar cheese, green onions. Served with a Mexican Salad (\$17.95). Add fajita chicken for \$4.00 more per person

Vegetarian Alternative: Taco Seasoned Veggie Ground Round- Paired with all same side items & salad

Hearty Chili with Cheddar Cornmeal Dumplings (GF)

Our chili is loaded with extra lean ground beef, kidney beans, tomatoes, onions, and fragrant spices.

Served with cheddar cornmeal dumplings, and choice of salad. (\$17.95)

Vegetarian Alternative: Vegetarian Chili. Paired with same salad

Lime Infused Chicken Fajitas

Build your own! Tender chicken breast pieces are marinated & served with flour tortillas, sautéed peppers & onions, sour cream & salsa, and choice of salad. (Mexican Salad is recommended) (\$18.95)

Vegetarian Alternative: Fajita Seasoned Chick'n Tenders- Paired with all same sides & salad

Jamaican Chicken with Spiced Maple Sweet Potatoes (GF/DF)

Chicken Breasts are cooked with our in-house Jamaican spice & served with Maple Sweet

Potatoes & your choice of salad. (\$18.95)

Vegetarian Alternative: Jamaican Seasoned Seven Grain Chick'n Tenders- paired with starch & salad



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Sticky Orange Chicken

Chicken Breasts are coated in Panko breadcrumbs & then smothered in a slightly sweet Asian inspired sauce. This is a very Popular Cena classic. Served with your choice of either Jasmine Rice or Vegetable Chow Mein & Asian Salad (\$18.95 w/ rice or \$20.50 w/ noodles). **Add on Vietnamese Spring Rolls (2 per) for \$3.25**
Vegetarian Alternative: Vegetable Chow Mein Noodles, Spring Rolls & Edamame Beans- Paired with salad

Southern Pulled Pork

A Carolina classic with slow-cooked pulled pork perfectly seasoned and served with sesame buns and a smoky BBQ mop sauce on top. This is served with a Red Smashed Potato Salad & Sweet Apple Coleslaw.
Add our Smoky Baked Beans for \$2.50 extra per person. (\$17.25)
Vegetarian Alternative: Vegetarian Burger- Paired with a Brioche Bun, toppings, and salads

Parmesan Crusted Chicken (GF)

Chicken breasts or Basa Filets are topped with a rich parmesan seasoned butter & then broiled lightly to create a perfect lunch. Served With your choice of Roasted Potatoes or Lemon Herb Rice and choice of Salad (\$18.50)
*Vegetarian Alternative: Seven grain Chick'n Tenders topped with the Rich Parmesan Butter.
Paired with same salad & starch.*

Ukrainian Lunch

If you are feeding a work crew or a group that wants a hearty meal, this is it! Ukrainian Sausage is served with sautéed onions, cheese perogies are smothered in butter & bacon, and meat filled cabbage rolls topped with tomato sauce. Served with Sour Cream. Salad can be added for an additional \$2.25 per person. (\$19.95)
Vegetarian Alternative: Vegetarian Cabbage Rolls and Perogies with Butter & Onions

Chipotle Chicken Taco's with Jalapeno Corn Coleslaw (DF)

Tender chicken marinated in a smoky chipotle sauce, layered with sweet, pineapple salsa and served in warm tortillas. Finished with a crisp jalapeño corn coleslaw for a fresh, slightly spicy contrast that brings the dish together beautifully. (\$18.95)
Vegetarian Alternative: Lemongrass Chick'n Tenders as the protein substitute.

Classic Lasagna with Salad & Garlic Toast (Halal)

Traditional layered lasagna made with rich meat sauce, tender pasta, and a blend of Italian cheeses, baked until perfectly hearty and comforting. Served with your choice of Italian or Caesar salad and accompanied by warm garlic toast. (\$18.50)
Vegetable Marinara- Paired with same salad & garlic toast



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Salad Choices

House Salad - Mixed Garden Greens. Bell Pepper. Red Onion. Honey Mustard Dressing

Asian Salad- Mixed Garden Greens. Shredded Carrot. Green Onion. Chow Mein Noodles. Sesame Dressing

Mexican Salad- Mixed Garden Greens. Whole Black Beans. Corn. Avocado. Doritos. Remoulade Dressing

Caesar Salad - Romaine. Bacon. Homemade Croutons. Parmesan Cheese. Classic Dressing

Potato Salad- Red Potatoes. Egg. Mustard. Dill

Spinach Salad- Baby Spinach. Red Onion. Craisins. Feta. Balsamic Vinegar Dressing

Sweet Apple Coleslaw- Shredded cabbage. Carrots. Diced Red Apples. Creamy Dressing

Italian Salad- Mixed Garden Greens. Red Onion. Tomatoes. Croutons. Parmesan Cheese. Zesty Romano Vinaigrette

Mandarin Orange Salad- Mixed Garden Greens. Mandarin Oranges. Cinnamon Toasted Almonds. Sweet Onion Dressing

Greek Salad - Romaine. Tomatoes. Cucumber. Green Pepper. Red Onion. Feta. Olives. Dressing **upcharge will apply**

Jalapeno Corn Coleslaw - Romaine. Tomatoes. Cucumber. Green Pepper. Red Onion. Feta. Olives. Dressing **upcharge will apply**

DIETARY FAQ

Halal Meat- The beef that we purchase is Halal. We can purchase Halal chicken with advance notice. *Surcharge will apply.*

Gluten Free- With many substitutions that we have on hand, most of our lunches can be made Gluten Free. Just ask when ordering.

Dairy Free- Many of our dishes can be made dairy free. Please inquire when ordering.

Vegetarian- We have provided vegetarian substitution suggestions on all our menu's. If you should require something else, please inquire when ordering.

Vegan- We offer vegan options upon request. Our vegan selections are more limited than vegetarian, but we're always happy to help customize when possible.



Extra's & Details on "side" items

Assorted Drinks

\$2.50 per person

An assortment of soft drinks

\$2.75 per person for juice

\$2.50 per person for bottled water

Assorted Desserts

\$2.75 per person

An assorted platter which includes chocolate chunk cookies, white chocolate macadamia nut cookies, double chocolate chunk cookies, tiger brownies, haystack brownies, caramel swirl cake, lemon streusel cake, assorted macaroons, double dutch chocolate brownie, and carrot cake. *We have Gluten Free Options available*

Fruit Tray

A beautiful tray of cut seasonal fruit

****Prices may vary slightly due to market conditions out of our control****

Serves 10-15 \$42.95

Serves 20-30 \$76.95

Serves 35-50 \$109.95

Veggie Tray

A healthy & colorful tray of seasonal vegetables

****Prices may vary slightly due to market conditions out of our control****

Serves 10-15 \$39.95

Serves 20-30 \$72.95

Serves 35-50 \$102.95